



## HYGIENE ITEMS WE ALWAYS NEED

**Toothpaste**  
**Toothbrushes**  
**Mouthwash**  
**Dental floss**  
**Disposable razors**  
**Antiperspirant**  
**Bar soap**  
**Liquid/Gel body wash**  
**Toilet tissue**  
**Shampoo**  
**Hair conditioner**